Staring into the Dragon's Eye By Rev. F. Nagash

Staring into the Dragons Eye is a powerful method of Divination and may lead to a higher spiritual plane. This, in itself, is kind of like a ritual but is much more than that.

You must fast for three days, living only on water or drink. You may sleep the first night, but the second and third you must remain awake. Light only one black candle and place either a black diamond or bloodstone on a pillow in front of you. Clear you thoughts and gaze into the stone while counting backwards from 100. By the time you reach one, you should be in a heightened state of awareness. Now close your eyes and repeat in a soft tone "Zorabia" until you feel you've accomplished your task and have entered the higher spiritual plane.